

Chlorpheniramine Maleate (2mg) + Paracetamol (500mg) + Phenylephrine (10mg)

Coldstave P Tablet

**Chlorpheniramine Maleate (2 mg) +
Paracetamol (500 mg) + Phenylephrine (10 mg)
Tablet**

Description

This combination tablet provides effective relief from symptoms of the common cold, flu, and allergies. It combines an antihistamine, analgesic, antipyretic, and decongestant to alleviate fever, nasal congestion, sneezing, headache, and body aches.

Composition

Each tablet contains:

- **Chlorpheniramine Maleate: 2 mg** (Antihistamine)
- **Paracetamol: 500 mg** (Analgesic and Antipyretic)
- **Phenylephrine Hydrochloride: 10 mg** (Decongestant)

Excipients: Q.S.

Pharmacological Action

1. **Chlorpheniramine Maleate:** Blocks histamine (H1) receptors, reducing allergic symptoms such as sneezing, runny nose, and itching.
2. **Paracetamol:** Reduces fever and relieves mild to moderate pain, such as headaches and muscle aches.
3. **Phenylephrine Hydrochloride:** Acts as a nasal decongestant by constricting blood vessels in the nasal mucosa, reducing nasal swelling and congestion.

Indications

This tablet is indicated for the symptomatic relief of:

- Common cold and flu.
- Fever and headache.
- Nasal congestion.
- Sneezing, runny nose, and watery eyes.
- Mild body aches and muscle pain.

Dosage and Administration

- **Adults and Children (12 years and above):** 1 tablet every 6-8 hours or as directed by a physician.
- **Maximum Dose:** Do not exceed 4 tablets in 24 hours.
- Swallow the tablet with water; do not crush or chew.

Contraindications

- Hypersensitivity to any of the ingredients.
- Severe hypertension or coronary artery disease.
- Patients taking monoamine oxidase inhibitors (MAOIs) or within 14 days of stopping them.
- Severe liver or kidney impairment.

Precautions

- Avoid concurrent use with other medications containing paracetamol to prevent overdose.
- Use cautiously in patients with liver, kidney, or heart conditions.
- May cause drowsiness; avoid driving or operating heavy machinery.

- **Avoid alcohol while taking this medication.**
 - **Consult a doctor if symptoms persist for more than 5 days.**
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Adverse Effects

- **Drowsiness (Chlorpheniramine Maleate).**
- **Nausea, vomiting, or gastrointestinal discomfort.**
- **Dizziness or headache.**
- **Rarely, allergic reactions such as rash, itching, or swelling.**

Discontinue use and seek medical advice in case of severe adverse reactions.

Storage Instructions

- **Store at a temperature below 30°C.**
 - **Keep away from direct sunlight and moisture.**
 - **Keep out of reach of children.**
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Presentation

Available in strips of 10 tablets.

Note: This medication provides symptomatic relief and does not treat the underlying cause. Consult a physician for prolonged symptoms or worsening conditions.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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Panchkula-134113

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